

## YUKON TRAIL & YOGA TRIP 18-24 August 2023

*Experience less developed trails, fewer people, and embrace the tranquillity of an off-grid location with some comfort. Potential for wildlife sightings and Northern Lights.*

[www.Canadatrailtrips.com](http://www.Canadatrailtrips.com) & [www.teamglobetrailers.com](http://www.teamglobetrailers.com)



**Location:** Southwest Yukon.

Whitehorse, a historical town founded during the Klondike Goldrush. The area near Kluane National Park is a vast wilderness, home to Canada's tallest mountains with rivers and lakes to discover.

**Overview: 6 nights. 125km with 4700m cumulative gain** (options to increase distance)

After a welcome night Whitehorse, we move towards our base at Kluane Lake (4 nights).

We will run / hike on day trips across a variety of distances and terrain (hikers with a guide on modified program). We conclude with an evening at the hot springs, and final night in Whitehorse. Benefit from yoga to calm your body after a day of adventure (and /or to wake up your body).

### **Program:**

#### **Friday 18 August – Whitehorse**

- Meet participants (location TBC)
- Afternoon (optional tour): visit Yukon Wildlife Preserve (5km walk)
- Evening: group briefing + welcome dinner. Overnight hotel: Gold Rush Inn, Best Western

#### **Saturday 19 August – Whitehorse to Kluane Lake**

- Breakfast in Whitehorse. Hotel checkout. Transfer to trailhead. Packed lunch.
- **Trail 1: Tors (13km/965m)**. Possible extension: 15km/410m out & back ridge, total 27.5km/1377m
- Transfer to Kluane Lake region Lake – Cabins TBC
- Yoga.
- Event briefing. Dinner at base.

#### **Sunday 20 August**

- Breakfast at base.
- **Trail 2: Alsek Valley, 50km / 250m+** out and back trail. (25km option possible) Packed lunch.
- Yoga. (Canoeing TBC). Event briefing. Dinner at base.

#### **Monday 21 August**

- Breakfast at base. Packed lunch.
- A.M. **Trail 3: Mt Decoeli 15km/1325m+** (alternative to Kings Throne). Potentially 24km /1975m with loop starting from the summit, down NW ridge – extension only if terrain conditions permitting.
- P.M. **Trail 4: Auriol Trail 15 km/370m+** loop. Extension: 5km/430m for the alpine route.
- Yoga. Event briefing. Dinner at base.

#### **Tuesday 22 August**

- Breakfast at base. Packed lunch.
- **Trail 5: Sheep Creek / Mountain 15km/1100m+**. Options depending group level and park closures, e.g. Bullion Plateau with loop near Red Castle Ridge, adding 25km/1300m for Total: 36.8km/ 2620m
- Yoga. Event briefing. Dinner at base.

#### **Wednesday 23 August**

- Breakfast at base. Checkout. Packed lunch.
- **Trail 6: Grey Mountain Dream Trail 17km/700m+** or Miles Canyon 15km/325m+ TBC
- Transfer to hot springs. Awards and final dinner. Night in Whitehorse, Gold Rush Inn hotel

**Thursday 24 August** – Breakfast. Checkout. transfer to airport

**Price: Registration before 31 December 2022:** 1,450euros or \$1,900CAD per person

**\*Team Globetrailers Active Members discount of \$50.**

**\*\*Locals rate:** Option to join at our Kluane base for **4 nights**. Contact us for details.

**Weather:** Ranging from 5-18C, Yukon weather can be cooler than at lower parallels in Canada.

**Wildlife:** Dall Sheep, mountain goats, caribou, wolves, coyotes, bears, moose



### Package includes:

Lodging, meals, ground transport, logistics, route planning /guiding (during trip as per program)

- Transfers:
  - Airport pick up if arriving on 17 August or 18<sup>th</sup> August before midday.
  - Group pickup in Whitehorse 19 Aug (single meeting point, location TBC)
  - Return to Whitehorse 23 Aug (single drop point at hotel)
  - Transport to and from programmed trails
- Accommodation:
  - First and last night in Whitehorse hotel in group program (shared rooms)
  - 4 nights near Kluane National Park in cabin / lodge / or walled tents – location TBC
- Meals (as per program above)
  - 6 dinners including a welcome + a 'finishers' dinner
  - 6 breakfasts + 5 lunches
  - Teas/coffees/non-alcohol drinks while cabin based
- Entrance to hot springs, access to parks
- Gift Bag and finisher award
- Yoga

### Not included:

- Individuals are responsible for having adequate personal travel and medical insurance in case of emergency, including evacuation, repatriation and /or any costs charged by Search & Rescue, such as but not limited to helicopter. Trip cancellation and interruption insurance is not included.
- Flights not included (international or domestic)
- Any transfers outside of the programmed meeting times/places
- Participants responsible for their own snacks on the trail and /or during the day between meals
- Alcohol is not included but will be available in some locations
- Entrance fees for optional activities such as Yukon Wildlife Reserve, canoeing etc.
- Gratuities not included (in Canada these typically range from 10-20%)
- Participant is responsible for currency exchange fees &/or rate changes if he/she cancels/changes

Note – program subject to change at the discretion of the event organisers/guides. Trail options may be adapted such as, but not limited to, Parks Canada restrictions, weather, wildlife, participant ability

**International Event Team**, all speak English and French

**Tiffany Saibil** – trail runner and event organiser (Canadian/British)

**Roxanne Mason** – Mountain Guide and Mount Logan Lodge owner, Yukon (from Quebec, Canada)

**Kilderic Moroy** - Trekking guide, Yukon based (French)



[www.Canadatrailtrips.com](http://www.Canadatrailtrips.com) & [www.teamglobetrailers.com](http://www.teamglobetrailers.com)